



ANNUAL REPORT

2022-23



Ekta Shakti Foundation
To make the world better

OUR PARTNERS



Oil and Natural Gas Corporation Ltd.



सत्यमेव जयते

Government of
National Capital Territory of Delhi



बिहार सरकार



सत्यमेव जयते

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Message from President

Ekta Shakti Foundation is an incorporated public interest. Since its inception in 2003 by ten like-minded people, Ekta Shakti Foundation's journey has been very humbling. Reaching out to approximately nine lakh children per day, our determination to deliver service par excellence grew, ensuring our kitchens an exemplary facility in the country.

Committed services helped Ekta Shakti Foundation position itself as one of the promising non-profit organisations successfully implementing the Mid-Day Meal Nutrition Programme, Special Education and project for Women Empowerment impacting more than eight lakh lives including all stakeholders. We continue to strive to achieve the best, from equipment, facilities, training, and capacity building to having state of art setups. Quality never got compromised as we expanded our reach within the operational states of Delhi and Bihar.



While the focus remained to the larger goals, many initiatives on day to day operations were implemented improving optimal utility of resources and to avoid wastage of food. Our kitchens are huge units catering to more than 10 lakh children per day. Packaging and transportation of food is ensured by the organisation. The containers when returned had unconsumed food due to many factors like absenteeism, less consumption as per allocation or any other, which amounted to large volume considering the quantity of supply. For avoiding wastage of food, the teams identified animal sheds in the vicinity and supplied the spare food for no cost thus ensuring use of all consumable food items and discouraging any wastage.

The units faced electricity concerns - thus to combat shortage and untimed power cuts, the organisation installed solar units on the terrace of its kitchens. This initiative helped to encourage locals to adopt this method of back up electricity for their households use. Both our initiatives were received well by the communities and yielded benefits for the staff who got inspired in optimising resources. The organisation apart from such initiatives also conducted many other activities, outside its core work to nurture a culture of service for humanity.

I hope with constant support from the government, authorities, schools, administration and staff involved, we will be able to continue this good work and further to achieve our goal and mission. Our current engagement across the 22 kitchens exceeds more than 1400 staff. We continue to contribute through projects, programs and initiatives, generating more than 1000 engagements for women and youth across its theme of work. These engagements provide equal opportunities for all and render required training and capacity building where needed, opening doors of opportunities to housewives and youth who aspire to contribute to their family income.

I hope with constant support from the government, authorities Corporates, schools, administration and staff involved, we will be able to continue this good work and further our goal and mission.

Thank you for your continued support.

Message from Chief Executive Officer

Ekta Shakti Foundation is an incorporated public interest foundation serving youth, women and children every day. As a private foundation, Ekta Shakti Foundation can freely explore the ideas and methods in its pursuit of new forms of service for human societies. Actively engaged in such efforts, Ekta Shakti foundation advances the innovation in the community service, build partnerships by collaborating with stakeholders and take credibility for all we undertake and support effective implementation of best practices, programs and policies.

In Financial year 2022-2023, the Ekta Shakti Foundation reviewed its management from a mid and long-term perspective and conducted three major organizational reforms to further strengthen the public work it carries out. First, with a view to managing the foundation's assets more efficiently, we rigorously worked in the states of Bihar and Delhi for public-interest projects. Second, in support of the foundation's mission, we worked into nutrition program for school children, provided extra effort and facilities to children with special needs and the numbers drastically increased in our skill development program. We transitioned into a system that allows us to carry out projects more flexibly in response to changing environments, thanks to more flexible methods of budget management and a reorganisation of the project divisions. Regarding new project initiatives, Ekta Shakti Foundation created platforms for engagement with different states to initiate the school nutrition program to support student's health in the country.

Ekta Shakti Foundation has developed plans for projects that continue to promote the organisation's goals. As a non-profit organization, ESF is able to freely explore ideas and take a long-terms perspective as it distributes funding flexibly on projects that can more swiftly respond to the rapidly changing political and economic climate within the country.

Through independent thought and action, Ekta Shakti Foundation aims to continue growing as a unique foundation that contributes to health programs, inclusion programs and skill development programs by collaborating with the like-minded people who share a similar understanding of today's issues.

At Ekta Shakti Foundation, we look forward to actively developing public-interest projects that meet the high standards everyone expects from the foundation.

Best Regards



About Ekta Shakti Foundation

Ekta Shakti Foundation is dedicated to catalysing social change in India and is working towards increasing prospects of the society. Established in 2003 as a non-profit organization, Ekta Shakti Foundation is working forward every day for the welfare of children, women, and youth. Ekta Shakti Foundation firmly believes in the power of kindness, generosity and giving in our society. The organization began with supporting 18,000 children with mid-day meals in MCD schools of Delhi. Today we are reaching out to approximately 9 lakhs children every day in three states (Delhi, Bihar and Assam) in India. The aim is to serve in an absolute manner, enabling them to live nutritious, healthy and dignified lives. Ekta Shakti Foundation's focus expanded gradually from providing wholesome food for school children to healthcare interventions for children with special needs and to create a sustainable livelihood for women and youth.

In the year 2003, Ekta Shakti Foundation applied to the Government of India and explained its mid-day meal program. After reviewing of the program, Ekta Shakti Foundation was recommended as an eligible project by the National Committee. In 2005, ESF started with first semi-automated centralized kitchens in Matiala, Delhi.



Ekta Shakti Foundation is currently reaching out to 9 lakhs children in three states in India (Delhi, Bihar and Assam). In the present era of changing food habits among children, Ekta Shakti Foundation seeks the vision of providing healthy and nutritious food to each child.

To achieve these objectives there are multitude of running expenditures that needs to be covered. First and foremost, Ekta Shakti Foundation explores the idea of reaching out to the schools and then to the communities. “School and beyond the school” is a self-driven approach of the organization that extend the verticals of providing necessary nutrition and food requirements to the communities associated within and outside the schools.

In 2006, Ekta Shakti Foundation established Brahmashakti Special School to provide education to the otherwise neglected children. Since its inception, the school has grown from strength to strength as the number of students in BSSS School has increased eight –folds in the past ten years and soon becoming one of the most reputed special schools in this region.

In the same year Radhika Skill Development center was also established in Delhi. In year 2019 the extension of the Skill Development program was established a state-of-the-art training center at Begusarai, Bihar under Pradhan Mantri Kaushal Vikas Yojana (PMKVY) implemented through National Skill Development Corporation.



VISION

A world of kindness and positive action where every person has the opportunity to live a healthy and productive life.

MISSION

To catalyst ongoing positive transformation in the lives of people, especially disadvantaged children, youth and women through equitable opportunity and inclusive development efforts.

FOCUS

We put children, especially girls and women at the center of our efforts. They are often the most disadvantaged and positive change in their lives can be transformational for the entire family and the next generation.

Our Reach and Beneficiaries



States - 4



Districts - 13



Kitchens - 22



Schools - 5 K



Children - 9 Lacs



Mothers - 4000

Health and Nutrition



Mid-Day Meal Program

The Mid-Day Meal Scheme is a school meal programme in India designed to better the nutritional standing of school-age children nationwide. The programme supplies free lunches on working days for children in primary and upper primary classes in government, government aided, local body, Education Guarantee Scheme, and alternate innovative education centres, Madarsa and Maqtabas supported under Sarva Shiksha Abhiyan, and National Child Labour Project schools run by the ministry of labour. Serving 120,000,000 children in over 1,265,000 schools and Education Guarantee Scheme centres, it is the largest of its kind in the world.

Ekta Shakti Foundation served various districts of multiple states and provided Mid-Day Meal to more than 9 Lacs School going Children on daily basis.

**“INVESTING IN
EARLY
CHILDHOOD
NUTRITION IS A
SUREFIRE
STRATEGY.**

**THE RETURNS
ARE INCREDIBLY
HIGH.”**

**~ANNE
M. MULCAHY. “**



Supplementary Nutrition Program (ICDS)

The objective of the program is to improve the nutritional status of pre-school children, pregnant and lactating mothers of poor socio-economical group in urban slums, tribal area and drought prone rural areas.

Ekta Shakti Foundation is supplying and distributing the supplementary nutrition since 2011 by setting up and building the capacity of Self Help Groups (SHGs) of women for providing Supplement Nutrition to the ICDS beneficiaries for 300 days in a year, according to the prescribed nutritional and feeding norms of the Government of India from time to time, as conveyed by the Department of Women and Child Development, GNCT of Delhi.

Ekta Shakti Foundation is rigorously serving 97 number of Anganwadi Centre in Delhi with Hot Cooked Meals and Take Home Ration for the beneficiaries.



Ekta Shakti Foundation has followed the guidelines provided by Department of Women and Child Development, GNCT of Delhi for the group composition, formation and functioning of the SHGs. During the process, Four (4) Self-Help Groups were formed in 2014, which are as follows

- Bharti Self Help Group
- Maa Durga Self Help Group
- Annapurna Self Help Group
- Savitri Self Help Group

The National Rural Livelihood Mission (NRLM) modules have been considered for the Group formation, setting up SHG norms, group Meetings, Characteristics and Functioning of Self-Help Groups. The functioning of SHGs modified and aligned to the Supplementary Nutrition Program (SNP) i.e. Importance of SNP, Process of Supplying Hot Cooked Meals/Take Home Ration (THR) etc. The regular capacity building was carried out on regular intervals on various aspects of SHG's.



“If women are empowered, there is more development in society. Women lead with empathy and care, and they would give a new dimension to the developmental journey of the country.”

**Draupadi Murmu,
Hon'ble President of India**

Partnership with Hindustan Unilever Ltd

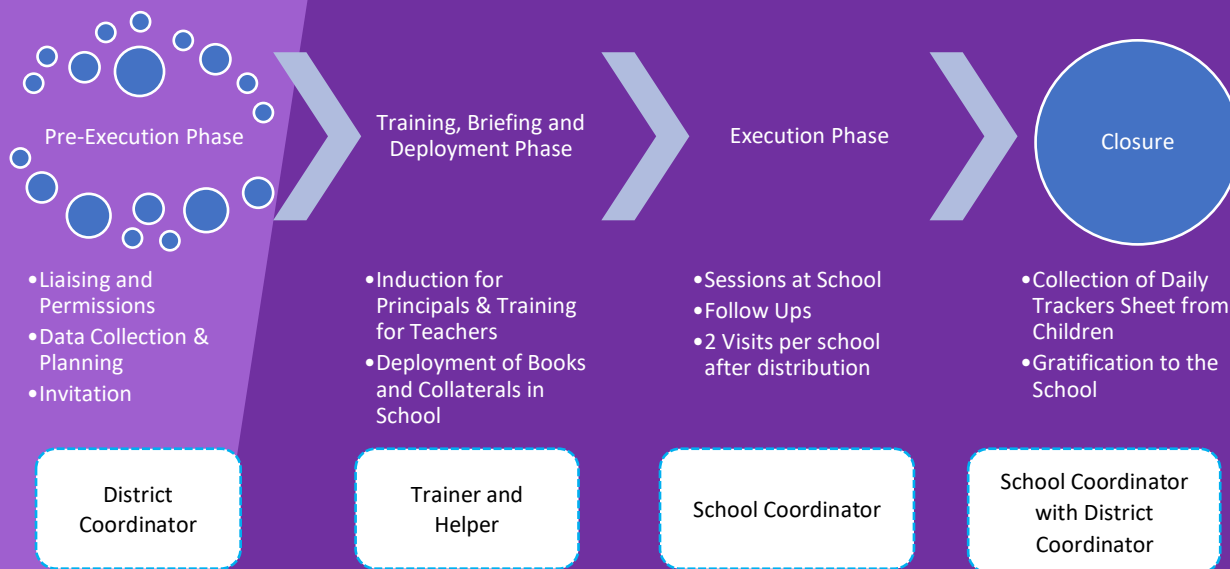
Hindustan Unilever Limited (HUL), India's largest fast moving consumer goods company, has also been educating the masses about the importance of sanitation. Having served Indians for 85 years, HUL's brands, by virtue of their product characteristics and market position, are natural thought leaders when it comes to health and hygiene, therefore with mutual intention of serving the mankind, Unilever and Ekta Shakti Foundation has stepped forward to cater school going children with the importance of water, sanitation, hygiene & nutrition by improving their knowledge, attitude and practices through 24 days of swasthya curriculum with a purpose of **"Improving the knowledge, attitudes and practices of school going children by educating them on water, sanitation, hygiene and nutrition in Bihar"**



Under the project, the beneficiaries was 3.80 Lakh Students in 2377 schools across six (6) districts of Bihar i.e. Gaya, Begusarai, Vaishali, Darbhanga, Nalanda and Madhubani districts.

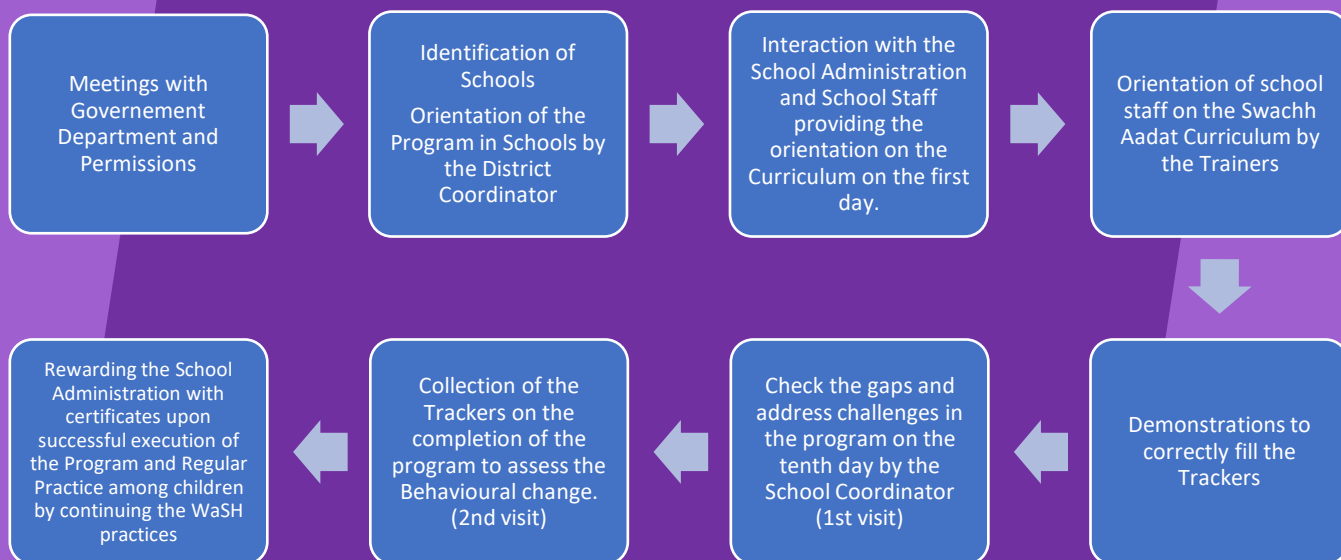


The programme entailed a 3-visit plan during which, the Trainers & school coordinators train and work with the school-teachers to drive the 24-day curriculum. The school teacher taught the curriculum for roughly 10-15 minutes every day for over a period of 24 days.



Operational Process and Methodology

For the effective management of the program, Ekta Shakti Foundation utilized the wider operational experience of working with Schools on Nutrition and Health Education, which includes the rapport with the relevant government departments and other stakeholders. The operational process included various steps, starting from education at the government level to the Children in selected Schools and ultimately assessing the Knowledge, Attitude and Practice towards WaSH & nutrition and inducing behavioural change amongst the beneficiaries.



The first visit marked the initiation of 24-day program in each school. For the first visit, the trainers were responsible for the training to be provided to the school- teachers and distribution of book according to the students enrolled. For the training, a video specially made for the program by HUL was shown followed by explanation of the Swasthya curriculum. The program started with a "Training of Teachers" event, which marked the beginning of the curriculum implementation. During this training, the teachers were likely instructed on how to deliver the curriculum effectively.

During the first visit, the trainers also distributed the Swasthya curriculum to the enrolled children. After the initial training, the school coordinators scheduled the first visit to the schools around the 10th day of curriculum implementation. The purpose of this visit was to assess the progress of the curriculum in the classrooms.



**3,80,000
Students 6
Districts of Bihar
were sensitized
on WaSH+
Nutrition**

For the tracker collection, once the school crosses the 24 days, the school coordinators are responsible for collecting the trackers. The schools were required to keep track of their curriculum implementation progress for 24 days. To do this, the teachers allocated a specific duration, approximately 10-15 minutes, each day to teach the curriculum to the students.



- CLEAN TOILET
- CLEAN HANDS
- CLEAN WATER
- DIRTY MEANS GERMS
- HEALTHY MEAL

To assess their understanding and progress, the students were asked to fill out answers related to the curriculum at the back of their curriculum booklets.

- Curriculum Focus: The curriculum's primary focus seems to be on teaching and reinforcing five main hygiene habits. The curriculum was likely designed to cover these habits comprehensively within the 24-day timeframe.
- Tracker Submission: Once the 24-day period was completed for a particular school, the school coordinators were responsible for collecting the trackers from the teachers. These trackers likely contained the students' responses and progress related to the curriculum's hygiene habits.

Ekta Shakti Foundation closely monitored all the visits done by the Trainers and school coordinators. During the course of all the three visits for the 24-day curriculum, the data was validated from 4 different levels.

- Level One: During the initial visits by the Trainers and school coordinators, the acknowledgement formats were signed and stamped by the headmaster of each school.
- Level Two: District coordinators performed random visits to schools every 15 days to monitor the progress and verify the visits made by the team.
- Level Three: At the State office in Patna, the Management Information System (MIS) officers cross-verified the data, including the formats and images obtained from the visits. Random telephonic calls added further assurance that the reported visits were genuine.
- Level Four: The Program Manager at the Head Office took the validation a step further by randomly verifying the visits through telephonic conversations. The involvement of the Program Manager at the Head Office demonstrated a top-level commitment to data accuracy.





महात्मा गाँधी
1. शिक्षण के बिना समझी
2. मोक्ष के बिना व्यापार
3. प्रजाता के बिना शिक्षण
4. चरित्र के बिना शासक
5. स्वयं के बिना पूजा

आनन्द

Partnership with Dabur India Ltd



Being a child centred organization, securing nutrition is one of the most prominent programs of Ekta Shakti Foundation. To achieve this, Ekta Shakti Foundation partnered with Dabur India Ltd with an objective to provide supplementary nutrition to School going Children in the form of Juices, Honey, Coconut Water, Glucose-D etc.





Disability



CHILDREN WITH SPECIAL NEEDS BRAHMASHAKTI SPECIAL SCHOOL

Brahmashakti Special School is an added feather to the Ekta Shakti Foundation, started in 2006 with a small group of differently-abled children in Matiala village, Uttam Nagar, New Delhi. This initiative came into existence when the founder Mr. Anil Aggarwal, a distinguished humanitarian encountered a child named "Brahma" and felt that there is a need for a school for special children. The child was suffering from a mental disability and was discarded by most of the people from the society, but not by Mr. Anil Aggarwal.

Brahmashakti Special School aims to enable these children with special needs to become an integral part of society and equip them with all the necessary skills to lead an independent life. The special school helps to build an inclusive and favourable environment for children with special needs through special education curriculums, co-curriculum activities, physical education, speech therapy, occupational therapy, physiotherapy, and vocational training to empower the students with special needs. A significant number of children come in with multiple or complex issues. The individual educational plans are conducted and the progress is being measured by the achievement/assessment reports focusing on the individual child.

Brahmashakti special School works closely with parents by providing them regular guidance and counselling sessions. At Brahmashakti Special School, children take part in the state, national, and international sports events and win every year. Some patients are also referred by reputed hospitals such as AIIMS, Ganga Ram, and Vimhans.





Mega Sports Event 2022



MEGA SPORTS EVENT

Every child is a different kind of flower and all together, they make the world a beautiful garden. To celebrate the uniqueness and talent of special children all around on the occasion of International Day of Persons with Disabilities, Brahmashakti Special School is organized MEGA SPORTS EVENT on December 20, 2022, at Dr. Sahib Singh Verma Stadium, Sector – 16, Dwarka, New Delhi 110078. The event is being organized in association with Special Olympics Bharat – Delhi. More than 500 Specially-abled Children from 26 Schools participated in the event.







Livelihood

DIN DAYAL UPADHYAYA GRAMEEN KAUSHALYA YOJANA (DDUGKY)

Ekta Shakti Foundation has collaborated with the government under the Deen Dayal Upadhyaya Grameen Kaushalya Yojana (DDU-GKY), with an aim to skill rural youth from marginalised community and provide them with skills and jobs having regular monthly wages or above the minimum wages. It is one of the cluster of initiatives of the Ministry of Rural Development, Government of India that seeks to promote rural livelihoods. Around 550 rural youth from the districts of Varanasi and Chandauli shall be trained under this project by 2024.

*Food Product
Packaging
Technician*

*No of Students
Trained - 296 Nos*





Financials

ANIL REENU & CO.
Chartered Accountant



311-311A, NAMDHARI CHAMBERS, KAROL
BAGH, D.B. GUPTA ROAD DELHI 110005
Ph. 9811081152, 11-23513413
e-mail : anilreenuco@gmail.com

FORM No. 10B [See rule 16CC and 17B]

Audit report under clause (b) of the tenth proviso to clause (23C) of section 10 and sub-clause (ii) of clause (b) of subsection (1) of section 12A of the Income-tax Act, 1961, in the case of a fund or trust or institution or any university or other educational institution or any hospital or other medical institution.

I have examined the balance sheet of **000007 EKTA SHAKTI FOUNDATION** [name of the fund or trust or institution or any university or other educational institution or any hospital or other medical institution] as at **31-MAR-2023** and the Income and Expenditure account or Profit and Loss account for the year ended on that date are in agreement with the books of account maintained by the said fund or trust or institution or university or other educational institution or hospital or other medical institution.

I have obtained all the information and explanations to the best of my knowledge and belief which are necessary for the purposes of the audit.

In my opinion, proper books of account have been maintained at the registered office of the above named fund or trust or institution or university or other educational institution or hospital or other medical institution at the address mentioned at serial number 14 of the Annexure:

In my opinion and to the best of my information and according to explanations given to me, the particulars given in the Annexure are true and correct subject to following observations or qualifications

In my opinion and to the best of my information, and according to information given to me, the said accounts give a true and fair view

- (i) in the case of the balance sheet, of the state of affairs of the above named * fund or trust or institution or university or other educational institution or hospital or other medical institution as on **31-MAR-2023** and
- (ii) in the case of the Income and Expenditure account or Profit and Loss account, of the income and application or profit or loss of its accounting year ending on **31-MAR-2023**

subject to the following observations/qualifications

The prescribed particulars are annexed hereto.

Place : New Delhi
Date : 14-Sep-2023
UDIN : 23089373BGTXHO4940

For ANIL REENU & CO.
Chartered Accountant
(Firm Regn No.: 0014096N)



(ANIL KUMAR GOYAL)
Proprietor
Membership No: 089373

EKTA SHAKTI FOUNDATION

Regd. Office:- A-20, Basement & Upper Ground Floor, New Krishna Park, Vikas Puri, New Delhi -110 018
Consolidated Income & Expenditure Account for the Year Ending on 31st March 2023

Expenditure	Amount (Rs.) FY 2022-23	Income	Amount (Rs.) FY 2022-23
To Opening Stock	54,667,651	By Subsidy Received on Cooked Food	506,553,275
To Purchases	258,324,993	By Stock Transfer to Branch	54,942,664
To Stock Transfer Rec from Branch	54,942,664	By Subsidy -Cook Bill	48,295,500
		By Closing Stock	34,775,044
		(As verified and valued by the management)	
To Diesel Expenses	3,516,351	Other Income	
To Electricity Expenses	1,992,478	By Insurance Recoveries	9,877
To Freight Inwards	6,511,891	By KBI CSR Project received	1,173,589
To Kitchen Cleaning/Packing Consumables	1,416,293	By HUL CSR Project (Wash Project HUL)	5,789,537
To Labour Charges/Packing Forwarding	642,050	By UPSDMC-DDUGKY Project	10,369,581
To Power & Fuel	33,153,547	By Bank Interest Received	102,013
To Shortex of Rice	26,600	By MIS Online Payment Received/Misc/Others	9,352
To Testing Fee	51,626	By Sale Bardana/ Discount Received	893,836
To Volunteer Payments -Mfg.	43,673,779	By Donation Received -80G/Others	18,147,492
To Water Expenses	103,579	By Interest on FDR	351,957
To Wages (Outside Helper)	637,296	By Interest received on Income Tax Refund	214,418
To Repair & Maintt. - Generator	323,225	By Subsidy of EPF in PMRPY(EPF)	546,588
To Repair & Maintt. - Plant & Machinery	2,501,926	By Tuition Fee	29,455
To Annual Maintenance Contract	135,644	By Subscription A/c	5,292
To Audit Fee	165,200		
To Bank Charges	277,106		
To Boiler Inspection Expenses	7,200		
To Boarding & Lodging Expense	3,883,537		
To Conveyance Expenses	765,610		
To Care Taket Compensation	412,800		
To Donation Expense	124,544		
To Festival Expenses	518,072		
To Employer's Cont. EPF	4,735,339		
To Employer's Cont. ESIC	1,947,763		
To Fire Cylinder Refilling Charges	89,871		
To Freight Outwards	47,889,802		
To General Expenses	677,088		
To Insurance Expenses	820,796		
To Food Safety Licence Expense	2,000		
To One Time Travel Cost	62,779		
To Other Training Cost	5,192,166		
To Loan Processing Fee	20,216		
To INCENTIVE OF EMPLOYEE	10,200		
To Medical Expenses	51,842		
To Pest Control Expenses	3,337		
To Pooja Expenses	198,819		
To Postage & Courier Charges	36,129		
To Printing & Stationery	1,122,387		
To Q-Team Salary	345,135		
To Legal Charges	516,509		
To Loading /unloading Charges	755,178		
To Professional / Consultancy Charges	717,716		
To Rates & Taxes	6,986		
To Rent A/c	17,302,929		
To Security /Housekeeping Service Charges	2,136,372		
To Short & Excess	70,016		
To Telephone/Mobile Expenses/ Internet Exp	275,931		
To Tender & Training/ Programme Expenses	23,634		
To Tour & Travelling Expenses	308,572		
To Trainers Salary	723,166		
To Uniform Expenses	73,749		
To Vehicle Running Expenses	3,276,043		
To Volunteer Payments - Admn.	31,029,801		
To Compensation ADMIN & MFG	6,362,131		
To Volunteer Welfare Expenses	2,121,880		
To Pick & Drop facility	565,200		
To Exp. KBI CSR Project	1,167,689		
To Exp. HUL Swachch Aaadat Project	5,789,537		
To Interest on Car/Vehicle Loan	884,997		
To Interest on Secured loan (India Bulls/Northern)	4,241,479		
To Interest on OD/ Term Loan/ECL	9,134,237		
To Interest on Purchases	13,033		
To Interest on TDS/ESIC/PF	4,232		
To Interest Unsecured Loans	1,383,723		
To Computer & CCTV	185,509		
To Electrical	1,680,711		
To Kitchen/ Building	27,464,538		
To Office Equipment	168,614		
To Vehicle	371,722		
To Depreciation A/c	9,924,193		
Excess of Income over Expenditure	21,550,113		
	682,211,470		682,211,470

Auditor's Report

IN TERMS OF OUR AUDIT REPORT OF EVEN DATE

For ANIL REENU & CO.
Chartered Accountants

(A.K.GOYAL)
PROPRIETOR
(MEMBERSHIP No. 89373)
311/311A Namdhari Chambers
D.B Gupta Road, Karol Bagh
New Delhi - 110 005



FOR EKTA SHAKTI FOUNDATION

(Signature) **PRESIDENT** *(Signature)* **GEN. SECRETARY** *(Signature)* **TREASURER**

Place : Delhi

Date : 14.09.2023

UDIN : 23089373 BGTXHO4940



Ekta Shakti Foundation

To make the world better

A-20, Basement and Upper Ground Floor, New Krishna Park, New Delhi - 110018