

Annual Report 2014-15



Journey so far...





Vision

A world of hope, kindness and positive action where every person has the opportunity to live a healthy and productive life.

Mission

To catalyse ongoing positive transformation in the lives of people, especially disadvantaged children, youth and women through equitable opportunity and inclusive development efforts.



We put children, especially girls and women at the center of our efforts. They are often the most disadvantaged and positive change in their lives can be transformational for the entire family and the next generation.



Core Values

Our core values embedded in everything we do - REACH

- R Respect
- E Efficiency
- A Accountability
- C Commitment
- H Honesty



Shri Anil Aggarwal
Chairperson, Ekta Shakti Foundation

Message from the Chair

Attributing to our expertise in the food industry, the natural inclination was to add value within the food and nutrition sector, especially for children. The efforts in this direction took shape with the establishment of **Ekta Shakti Foundation** in the year 2003, with a vision for a world of hope, kindness and positive action, where every person has the opportunity to live a healthy and productive life.

Our intent was to provide healthy and nutritious food to every child and help specially abled children realize their potential and help reserve equal rights in the society.

Furthering this vision, our first implementation project was with the Municipal Corporation of Delhi Schools, with support from the Delhi government. This initiative marked our first project of the Mid-Day Meal Nutrition Programme from the Matiala kitchen unit in Delhi. The project came as learning, to help us establish strong parameters for ourselves. Procuring and training skilled staff to handle a specialised unit to prepare food for more than 20,000 children under predefined nutritional value and cost package of INR 2.00 per meal came as a challenge. With this challenge came the opportunity in form of strong partnership with the Sri Ram Institute, Delhi. The institute supported us in creating age specific nutritional value meals for the children and helped in testing and approval of food samples prepared in the unit under strict supervision. The partnership fruited in designing and imparting training programmes for skilled cooks and staff working in these kitchens under the quality standards mutually pre-defined.

Our service and quality got recognised by the Delhi government, which resulted in scaling up of the Mid Day Meal Project across government schools in Delhi. From 20,000 the number grew to 60,000 in a short span, including services to 100 Integrated Child Development Services school, motivating us to start our second kitchen in Delhi. We were awarded the opportunity to expand our services in Bihar reaching out to more than 6 lakhs children across five districts post a successful pilot in two districts of Bihar.

Our focus remained on catalyzing ongoing positive transformation in the lives of people, especially disadvantaged children, youth and women through equitable opportunity and inclusive development efforts.

BrahmShakti Special School was one such effort, initiated post identification of the need of special school in the community. It was noticed that these children were left unattended or were seen struggling for appropriate facilities. This initiative began with an objective to support the needs of specially abled children providing specialised services, making it affordable and helping them to be self reliant in their day-to-day activities, their potentials tapped and rights realised. The first school began in Delhi at Matiala center, with two students and has now grown to more than 50 students, rendering specialised services ranging from speech therapy, physiotherapy, occupational therapy, vocational courses, development of motor skills and much more.

The staff is trained in handling the needs of the children and each is certified from the Rehabilitation Centre of India.

Aligning to our focus, **Radhika Silai and Kadhai Kendra** was initiated to address the needs of women and girls, to empower them with livelihood options and work skills. This initiative provided life skills to women and girls, helping them become independent and self-reliant. The center continues to impart training in stitching, tailoring and embroidery through certification courses. Our target is to ensure free training to women, who were abandoned or widowed with no livelihood support.

The three thematic interventions kept us motivated to excel and scale our work to reach more lives. The journey so far has been exhilarating and humbling. I hope with continual support, we steer the good work raising the bar towards excellence.

Key Milestones

2003



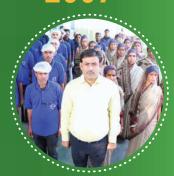
2005



2006



2007



Initiated the Mid Day Meal services with support from the Delhi Government in 2003.

Reached out to 128 MCD schools and served mid day meal to approximately 20 thousand children in Delhi with support from the Delhi Government.

Started with first semi automated centralised kitchens. Introduced Radhika Silai and Kadhai Kendra in 2005.

Catering to the requirements, the organisation inaugurated its first semi automated kitchen unit in Matiala. This high-end unit is capacitated to serve approximately to serve more than one lakh fifty thousand children.

Radhika Silai and Kadhai Kendra was initiated to train women and girls with the skills of tailoring, cutting, and embroidery for better employability. The course imparts training through 6 months 12 months certification programme and helps the beneficiary secure employment and be part of the Self Help Groups.

Opportunity to work with Bihar Government under the Mid Day Meal Initiative in 2006.

The organisation got awarded to implement the Mid Day Meal Nutrition initiative as a pilot project in two districts of Bihar i.e. Patna and Vaishali. The project caters to approximately 2.5 lakhs children in the region.

Initiated BrahmShakti Special School in Matiala, Delhi, to cater to the needs of specially abled children. The school is one of the first of its kind in Matiala, with trained staff offering high-end services. Initiated Capacity Building and Training Workshops to build a sustainable workforce in the state of Bihar in 2007.

Training and capacity building of about 500 work-force which included cooks, packaging staff, storage, maintenance staff and support staff. Menus and nutritional proportions were designed as per the given and required parameters with support from the government.

2008



2009



2010



2012



Inaugurated second BrahmShakti Special School in Dwarka, and second centralised semi automated kitchen unit in Delhi in 2008.

Inaugurated the second BrahmShakti Special School center in Dwarka, equipped with specialised services and trained staff.

Second semi automated kitchen was established in Matiala Delhi, capcaitated to serve more than 70 thousand children. This kitchen serves 48 government schools in Delhi.

Mid Day Meal Nutrition Project, expanded to 5 districts of Bihar with support from the Bihar government in 2009.

The pilot project got recognised by the government and services got scaled upto three additional districts. This enabled the project to approximately cater to six lakh children in five districts of Bihar (Patna, Vaishali, Gaya, Nalanda and Begusarai).

One of the selected organisations to cater to meals during the Common Wealth Games held in 2010, New Delhi.

The organisation was awarded to cater meals during the commonwealth games held in Delhi in 2010. The selection was based on high quality, service and hygiene standards. Approximately 40 thousand meals got served per day.

Renewal of work contract with Bihar government on the basis of Service of Excellence in 2012.

The Bihar Government appreciated the Mid Day Meal Nutrition project and the services. This was complimented by a visit and appreciation from the World Health Organisation. This resulted in the extention of the services across five districts in Bihar.

The Nutrition Programme

Good Nutrition is the process of providing the right amount of nutrients from healthy food intake, in balanced daily required proportions.

Appropriate nutrition empowers a child to fight and combat multiple diseases and helps eradicate conditions like slow growth, underweight or overweight especially for kids less than five years of age. The initiative of Mid Day Meal is not just about ending hunger but bringing a positive change in the society, ensuring healthy lives and helping children be productive and reach their full potential.

Food through Nutrition Support initiative to primary children is popularly referred to as Mid Day Meal Scheme. Historically, the concept of Mid-day Meal Scheme started in 1960's in India. It involved provision of lunch free of cost, to school going children on all working days. This programme now popularly known as 'Annapurna Rasoi' has evolved with time, which has become unique and successful due to participation and collaboration of private sector and has demonstrated great results.

The Mid Day Meal Nutrition Programme by Ekta Shakti Foundation began in 2003, when the organisation was awarded the project to work with the Municipal Corporation of Delhi (MCD) Schools. The service was to provide meals to the children from age group of 4-12 years in the given nutritional parameter, which was the daily requirement of a growing child as per the

World Health Organisation.

Under this scheme, mid-day meal was served with a minimum of 300 calories and 8-12 grams of protein to all children studying in classes I - V. Upper Primary meals consisted of 700 calories and 20 grams of protein by providing 150 grams of food grains (rice/wheat) per child.

With support from the Delhi government and Sri Ram Institute, the organisation developed the meal plans, trained its staff, especially cooks to prepare the meals daily under given proportions. The target to package the food within two rupees per meal was achieved with the Food Corporation of India coming on board as supplier of raw grains, cereals and other items.

The organisation catered to approximately 20 thousand children across 128 Municipal Corporation of Delhi (MCD) Schools during its flagship programme from its Matiala kitchen. For its service par excellence, food quality and hygienic preparations, the opportunity to expand operations was awarded to Ekta Shakti Foundation thus extending the services to Delhi Government Schools and and 100 Intergrated Child Development Services (ICDS) schools catering to more than 60 thousand children.

High-end state of art, semi automatic kitchen units were set up to meet the speed, needs and

quality standards. Kitchen in Matiala was established in 2005, followed by another kitchen in the same area in the year 2008, capacitated to prepare meals for 1,60,000 and 75,000 children respectively, including adequate amount of vegetables, cereals, staple food like rice, poori and related items.

The mid day meal nutrition programme was highly appreciated by the authorities and saw visits from World Health Organisation (WHO). The organisation got an opportunity to work

with the state of Bihar in the year 2006 to implement a pilot project in two districts catering to approximately two lakh fifty thousand children. With service par excellence, this project got scaled up to another three districts catering to more than six lakhs children across five districts of Bihar.

The organisation is committed to reach more and more primary school children through the nutritional needs.



By the reporting year of 2014 -2015 the organisation exhibited remarkable growth increasing its service across 2 states through 14 semi kitchen units.

Area	Initiation year	District	No. of Schools	No. of Students
Delhi Kitchen (MCD)	2003	Delhi	128	58933
Bidupur	2007	Vaishali	140	47861
Hazipur	2007	Vaishali	203	60073
Lalganj	2007	Vaishali	162	45479
Jandha	2007	Vaishali	192	60806
Mahua	2007	Vaishali	165	52673
Patepur	2007	Vaishali	207	69797
Garol	2007	Vaishali	218	45284
Daud Nagar	2007	Vaishali	118	33401
Delhi Kitchen -2 (Government				
Schools)	2009	Delhi	45	40124
Gaya	2009	Gaya	168	42331
Ramghat	2009	Nalanda	327	69882
Bihar Shariff	2009	Nalanda	-	-
Begusarai	2009	Begusarai	126	48281
ICDS	2011	Delhi	93	6350







2,292Schools





Dr. Dheeraj Goel Project Director, Ekta Shakti Foundation

I have been into voluntary social services and have been part of many such initiatives. I use to hold food camps for children and underprivileged section. It was during one such initiative, I met Mr. Anil Aggarwal and he invited me to be part of this wonderful programme. When I joined, the Matiala unit was already functional and I was taken aback with the level of work. The scale of work was very large and I could only have dreamt of this. This gesture and all the hard work touched my heart and there is no looking back for me since then. I feel for the cause and can't see children suffer due to malnutrition. Working for the mid day meal

Since past more than a decade, I have seen a huge transformation, kids who never came to school turned up to school, number of drop outs decreased and I saw kids improving on both physical and mental level with proper nutrition. I feel motivated to see this growth and change in children and wish to reach more lives and continue the good work.

project and with this organisation has

become my lifeline.



Deepak Sharma Head Finance, Ekta Shakti Foundation

66

I have been with the foundation since 2005 and am really attached with the Nutrition Project and BrahmShakti Special School initiative. I personally feel for the kids and believe in the mission of the organisation. In all these years of my service I have ensured quality and hygiene. While I do my best I encourage the team to do the same. Our selfless work has helped us garner lot of appreciation from societies, schools, parents and local authorities. I wish to reach out to more lives through these interventions and cater with same quality and spirit.



Mrs Sanjogita Solanki Principal, Phase II, Dwarka, SDMC Primary School, New Delhi

The taste of the food is very good, when we receive the food, its very hot and hygienic and of good quality. Parents who are unable to give lunch to their children or are working, are now assured of the meals as the school takes care of this service. I am very satisfied with the food and our kids just love it.



Mrs. Sita Visweswaran Vice Principal, Sarvodaya Kanya Vidalaya, Matiala, New Delhi

Ekta Shakti Foundation has been providing mid day meals to us since a long time and more than 1000 children are taking the benefit of this service. Food is very nutritious, fulfilling and our kids enjoy the food along with their studies. We are very grateful to Ekta Shakti Foundation to provide such wholesome food to our children.



Mr Sarvnarayan Yadav District Development Commissioner (DDC), Bidupur, Bihar

The services are very good and we have received no complaints. The quality of food is good and services satisfactory. We are happy to be associated with Ekta Shakti Foundation.



BrahmShakti Special School

BrahmShakti Special School was conceptualised in the year 2005 with an intent to cater to the needs of specially abled children in the region of Matiala, Delhi. The school started its effective functioning in the year 2006 with an objective -

- To impart education and therapies to children with special needs.
- Providing pre vocational and vocational services with a view to make these children independent.
- To create dedicated and quality oriented professionals in the field.
- To provide therapies and impart counseling sessions.

With affordable services and growing need within the community the requirement of another branch was strongly realised thus resulting in the establishment of Dwarka branch in the year 2008, equipped with all facilities and services. The school caters to specially abled children who suffer from spectrums of Autism, Mental Retardation, Down Syndrome, Slow Intelligence, Cerebral Palsy, Speech and or Hearing Impairment or any other retardation.

The staff is highly qualified in their respective areas of expertise and are registered with the **Rehabilitation Council of India**. They are experienced and well versed in handling children with special needs.



The school offers its services ranging from —

Speech Therapy	Α	clinical	pro	ogramme	desig	ned	to	help	differ	entl	ly	abled	children	in
			1.0			4.4		1.000	4.6	4		4.00		

improving their communication skills through training, exercises, involving sound repetitions and imitation. This helps them improve

their facial muscle control and express their basic needs.

Physiotherapy Involves assessing, planning and implementing a holistic programme

to improve, restore and maintain the physical and psychological well being of the child. The child is empowered with better motor skills and

control of movements to an extent.

Early Intervention A system, to help the child at an early age preferably before the age of

5 years. It is a system-coordinated service that promotes growth and development of a child for a better life. Intervention at early age is much more effective and corrective measures are better, than done on

later stages.

Occupational Therapy Helps and enables a child to improve their participation in daily routine

activities such as self care, playing games, sense of daily concepts like use of money, manner, dressing, brushing and all daily life related

skills.

Pre-vocational/ Vocational Therapy Is aimed at developing life skills in specially abled children to make them emotionally competent and economically independent.



Mrs Santosh Aggarwal
Director,
BrahmShakti Special School

BrahmShakti Special School is part of Ekta Shakti Foundation. We work with children with special needs, as we believe they deserve same amount of love, care, respect and opportunity. We believe they deserve equal place and our constant effort is to provide them with inclusive education and acceptance in the society. Our aim is to improve on our services and cater to all their needs, which will help them become self dependent and achieve their true potential.



Atishek Kumar Principal, BrahmShakti Special School

We have two schools of BrahmShakti Foundation within Delhi, where we have children with a range of challenges such as autism, mental retardation, low intellectual capacity, down's syndrome, cerebral palsy, ADHD (Attention Deficit Hyperactivity Disorder), speech and hearing impairment. I joined the school with the aim to improve the services and bring more awareness among the community about the challenges these children face. I felt, more counseling sessions were needed with parents to help identify challenges at an early stage to enable early intervention. Currently we offer services ranging from all therapies to personal care at both the schools. I ensure holistic development and exposure for the children at various platforms and researching new approaches and methods. I personally feel for the cause and believe there is a lot to do not just for the children but also for all stakeholders involved. I feel proud and happy to see the children walk those first steps at the age of 10 -15 and speak their first word as 'MA' or 'PAPA'. The feeling is very gratifying and their love unconditional which keeps me going in spite of all odds.



Anant's Mother
Parent of a student in
BrahmShakti Special School

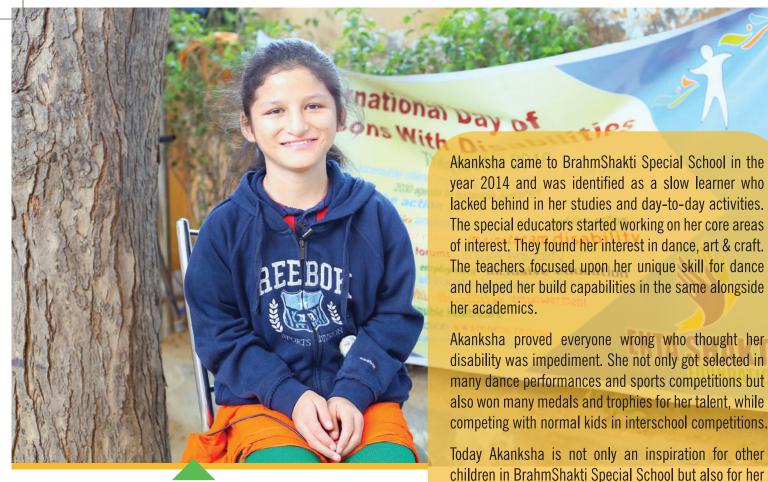
Anant was diagnosed with Autism. He has been coming to BrahmShakti Special School since the past 5 years. I am happy to see his progress over these years. His social skills have improved a lot. He has started participating and enjoying various sport activities like skating, football, badminton and nearly enjoys all games he plays.



Amandeep's Parents
Parents of a student in
BrahmShakti Special School

I am mother of Amandeep, he is suffering from Intellectual Disability. Ever since he has joined Brahm Shakti Special School, he has opened up especially to sports. He has participated in many sports events and has won many medals. He is making a space for himself in sports. He is quite active and has shown remarkable improvement. His social skills have improved a lot in these years.





Akanksha Student at BrahmShakti Special School

children in BrahmShakti Special School but also for her competitors from other schools who look out for her performances.



Aarti Student at BrahmShakti Special School

Aarti came to BrahmShakti Special School in the year 2010. She was a special child with slow learning disability. Her father a rickshaw puller and mother working as domestic help were not able to help her due to their financial condition. The school took complete charge and care of her by providing with all required facilities and education. Hard work of teachers started showing results as soon Aarti exhibited immense interest in sports, art and crafts. The school motivated her to participate in various sports events conducted for special children at all levels — state, national and international. She participated in the international event with support from both the Indian and Australian Governments and won prizes in the organised events.

Her journey from 2010 to 2015 has been inspirational and today she is a role model for many other students.



Women Empowerment

Economic security is the ability of individuals, households or communities to cover their essential needs sustainably and with dignity. Ekta Shakti Foundation under its Life-Skills Programme conceptualised this vocational training programme in the year 2006. The initiative of Radhika Silai and Kadhai Kendra became functional in the year 2007 in Matiala, Delhi, to challenge the socio economic inequalities of the region and enable women and girls, towards the goal of self-reliance.

The primary objective of the training center is to create employment opportunities for disadvantaged adolescent girls and women, especially women widowed at an early age, who saw no support in the society. The programme offers certificate courses in cutting, tailoring, sewing and embroidery for employability and better opportunities.

Beneficiaries are selected through the

outreach programme by the team. Family in need is identified during field visits, enquiring with the local community and via direct requests. The shortlisted candidates, based on their attitude, approach, education levels, learning capabilities, personal verification and socio-economical conditions are enrolled for this programme. The certification course offered is for 6 months and 12 months based on the need and requirement of the candidate. Batches of 30-40 girls/women are trained in two sessions carried out as per course duration selected. The organisation liaisons with local boutiques, small scale set ups and training institutes to strengthen placements opportunities for the trained women and girls.

Apart from imparting training, the center also serves as a social platform to spread general awareness about health, hygiene and gender issues.

The organisation has set up a provisional corpus fund to support women and girls financially in setting up their own social enterprises. The organisation has taken initiatives in forming Self Help Groups (SHG) to encourage the spirit of supporting each other in need through access of self-generated common fund

systems. These Self Help groups are also linked with the local banks to initiate entrepreneurial activities.

The Centre has trained approximately 500 women and girls, of which most girls are adolescents and are living a decent life.



Poonam Mehta Centre Head, Matiala, New Delhi

I have two children and my husband works as a mechanic. We both aspire to give our children good education and earning of one member was not enough. I joined this initiative and got an opportunity to work as the center head. I am not highly qualified but have completed my senior secondary and am trained in stitching and tailoring. Initially to teach young girls and women with no education background was very challenging, as I found it tough to explain them measurements, which is very important in cutting of the cloth. Gradually with support from the team, we devised a way to teach them in a way that would help them in their work. In the basic training course, we teach them to take measurements, cutting, tailoring, hemming, button tucking, embroidery and basic stitching. In an advance course we teach them to stitch blouses, salwar, kurtis, and other Indian wear. The alumni of the center do visit us sometimes and give us the feedback on how their life has changed for good. This feeling is very satisfying and this is one of the reasons I like being here.

Aarti Devi Beneficiary of the Radhika Silai & Kadhai Kendra

Aarti joined the Radhika Silai and Kadhai Kendra at the age of 30. She was mother of three children, with her third child few months old. Her husband was a daily wager and his income was not enough for the family. She was not educated but her zeal to do something and support the family was very strong. She undertook the 12-month training program and learned all required skills. With support from the team, she got employment in a boutique and is now earning enough to support her family well.

Financial Report



S. K. VARSHNEY & ASSOCIATES

Chartered Accountants

C-22, Milap Nagar, Uttam Nagar, New Delhi-110059 Ph.: 011-28566728 Mob.: 9811141073, 9212721073 E-mail: skv.ca1987@gmail.com

FORM NO. 10B

[See rule 17B]

Audit report under section 12A (b) of the Income-tax Act, 1961, in the case of Charitable or religious trusts or institutions –

We have examined the balance sheet of EKTA SHAKTI FOUNDATION (Consolidated), PAN No. AAAAE2021L (name and PAN of the institution) as at 31st MARCH 2015 and the Income and Expenditure account for the year ended on that date which are in agreement with the books of account maintained by the said institution.

We have obtained all the information and explanations which to the best of our knowledge and belief were necessary for the purposes of the audit. In our opinion, proper books of account have been kept by the head office and the branches of the above-named institution visited by us so far as appears from our examination of the books, and proper returns adequate for the purposes of audit have been received from branches not visited by us, subject to the comments given below:

In our opinion and to the best of our information, and according to information given to us, the said accounts give a true and fair view—

- in the case of the balance sheet, of the state of affairs of the above named institution as at 31st March 2015, and
- (ii) in the case of the Income and Expenditure account, of the Income of its accounting year ending on 31st March 2015

The prescribed particulars are annexed hereto.

Place: NEW DELHI Date: 19/06/2015 FOR S.K VARSHNEY & ASSOCIATES, CHARTERED ACCOUNTANTS,

FRN Nρ. 007037N

(CA SUNIL KUMAR VARSHNEY) PARTNER

M.No. 085980

EKTA SHAKTI FOUNDATION

Regd. Office: - A-112, 2nd Floor, Vikas Juri, New Delhi -110 018

Consolidated Balance Sheet as on 31st March 2015

LIABILITIES	AMOUNT (Rs.)	AMOUNT (Rs.)	ASSETS AMOUNT (Rs.)) AMOUNT(Rs.)
RESERVE & SURPLUS			FIXED ASSETS	
Balance B/f From Last Year	1,625,902.83		(As per schedule "E" attached)	31,147,533.10
Balance B/f From Last Year -Corpus Fund Add:- Excess of Income Over Expenditure	32,720,568.30 442,586.85	34,789,057.98	CURRENT ASSETS LOANS AND ADVANCES CURRENT ASSETS	
SECURED LOANS			-C 0	
(As per schedule "A" attached)		38,812,622.58	Stock in Hand (As verified and valued by the management)	24,221,957.22
UNSECURED LOANS			SUNDRY DEBTORS	
(As per schedule "B" attached)		48,610,617.00	(As per schedule "F" attached)	62,155,947.50
CURRENT LIABILITIES AND PROVISIONS SUNDRY CREDITORS			CASH AND BANK BALANCES	460,733.65
(As ner schedule "C" attached)		1 91 7 943 00	(As per schedule "G" attached)	
			AMOUNT RECOVERABLE IN CASH OR IN KINDS	
(Ac ner crhedule "D" attached)		רר 326 ר3ר ר	(As per schedule "H" attached)	8,406,435.31
(אם אבו סתובתתוב אם מנימתובת)		77.005,300.27		
	TOTAL ==	126,392,606.78	TOTAL	126,392,606.78

In terms of our separate report of even date attached FOR S.K. VARSHNEY & ASSOCIATES, CHARTERED ACCOUNTANTS, CARTERED ACCOUNTANTS, CARTERED ACCOUNTANTS, CARTERED ACCOUNTANTS, CARTER REGISTRATION NO.: 007037N,

(CA SUNIL KUMAR VARSHNEY)
PARTNER
M. NO. 085980

Secretary

FOR EKTA SHAKTI FOUNDATION

Promo-Huma TREASURER

Place: New Delhi Date:- 19.06.2015

Thank you

The year 2014 -15, has been a stepping-stone in our journey so far reflecting all achievements, accolades, lives touched, families transformed through service and commitment.

We take this opportunity to thank all our supporters and stakeholders to encourage and motivate us.

We also thank each valuable person who has stood strong through these years and has been part of this incredible journey.

We look forward to strive harder and continue with our good work with a renewed spirit and vow to build a world of hope, where rights are realised, equal opportunitites offered to all be healthy and live a life of dignity.

Content & Layout: Nidhi Bhardwaj Designed by: Rohit Kaushal and Harpreet Sethi











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